

Port of San Diego Green Business Network

# **Energy Treasure** Map for Hospitality

Energy savings can be found almost everywhere you cast your view around your business. Reducing energy consumption and improving efficiency provides a treasure trove of hidden savings. Use the following suggestions and industry best practices to check your facility—and help keep San Diego Bay beautiful for all.

# Lighten Up on Lighting

### During the daytime . . .

- □ Look for places indoors where lights are left on in unoccupied spaces.
- Tour around outside for exterior and parking lot lights that don't need to be on.
- Check to see if light sensors are dirty or broken, and clean or replace them.
- Consider upgrading to shielded exterior lighting to direct light where needed and reduce nighttime light pollution.

### Take better control . . .

- Identify and assess opportunities to use lighting controls.
- Occupancy/motion sensors for low-traffic areas.
- Timers or daylight sensors to turn off exterior lights during daytime.
- Dimming controls where natural lighting can supplement or replace fixture lighting.
- Confirm that lighting controls are operating as intended.

## Evaluate the opportunity to upgrade ...

- □ Replace T12 fluorescents with T8s or T5s with electronic ballasts (no magnetic ballasts) or even better, tubular LEDs.
- Upgrade incandescent and CFL bulbs to LED.
- Replace incandescent or CFL exit signs with an LED fixture or LED retrofit kit.
- □ Remember: Recycle/dispose of all fluorescent lamps and magnetic ballasts properly at your lighting or building supply store.

# Tips to consider . . .

- Purchase an inexpensive light meter (under \$30) to assess whether any areas are overlit, compared to requirements, design levels or comfort.
- □ Assess cleanliness of lamps/fixtures for maximum light output and institute a cleaning schedule.
- Install timers on bathroom heat lamps and consider connecting bathroom exhaust fans to light switches to reduce excessive operation.
- Remove or de-energize lighting and ballasts that are not used.
- Review SDG&E's current product catalog with over 160 measures from lighting to HVAC at sdge.com/bes.



# Mind your doors & windows . . .

- any unconditioned areas.
- contaminants indoors.

## Take protective actions . . .

- insulation.

### Spy leaks & cracks . . .

- damaged insulation.
- of some roofing.

# **Tighten Up the Envelope**

□ Inspect doors and windows to identify gaps that can be weather-stripped, caulked or filled with foam.

If purchasing new windows, consider the savings of highefficiency ones that cost more, but save on utility bills.

Generally, keep outside doors closed and as well as doors to

When limiting natural ventilation, ensure proper mechanical ventilation with outside air to help reduce airborne

Install solar film, insulated curtains, awnings or vegetation for east and west windows to block summer heat gain.

Consider drought tolerant landscaping that saves money on water while providing summer space cooling and winter

□ Inspect attic insulation levels and identify any inadequacies.

If a major remodel opens walls, consider adding insulation.

In the attic, look for signs of leaks, membrane cracks/holes or

Check roof for damage and surface aging, take photographs and see if it is still under warranty.

Depending on view aesthetics and other issues, consider white reflective paint to reduce heat gain-even extend the life



# Attack the HVAC

### Things you should do . . .

- Replace filters yourself or use a service on a regular schedule; monthly during heavy usage.
- □ Clear furniture, shelving, and other items from airflow supply and return vents.
- □ Keep thermostat away from sunlight, doors, windows and items that block ambient air.
- □ Ensure that individual space heaters are not being used.
- Have a plan for HVAC failure on the hottest/coldest day of the year.
- □ Know the anticipated useful life of your current system

### Things professionals do . . .

- Ensure that air system components are regularly maintained with pre-winter and pre-summer tune-ups.
- Install and right-size new HVAC equipment so that you maximize efficiency and reduce demand.

### Things you can buy . . .

- Energy-saving ceiling fans and personal fans that make rooms feel cooler.
- Programmable and smart thermostats to pre-cool or pre-heat spaces prior to occupation or shutoff when not occupied as scheduled. Learn more about programmable thermostats at energy.gov/energysaver/thermostats.

# **4** Off-load Office Load

- Activate power management settings on computers, monitors, printers and other equipment.
- □ Identify equipment left on overnight that can be turned off when not in use.
- Use power strips to disconnect equipment or smart power strips that cut power off when a device is in standby mode.
  - o Learn more about plug load and smart power strips by watching these short videos: tinyurl.com/geec-plug-load.
- Ask staff to unplug cellphones and other rechargeable devices once charged.
- Be sure vending machines are turned off or put in sleep mode at the end of the day with a timer.
- □ When buying new office equipment choose ENERGY STAR® certified options.

# Hotel Staff Can Help

- □ Educate and encourage housekeeping staff to report leaks, turn off lights not in use and set temperatures to minimum levels after cleaning vacant rooms.
- □ Teach registration staff to schedule rooms in clusters to isolate vacant space.
- □ Suggest they rent rooms last that are on top floors, at building corners and facing west in summer or north in winter as these can be more energy intensive.
- Keycards are available that shut off or turn on energy consuming equipment when a guest leaves or enters the room.

# **Efficient Food Preparation**

- Establish food preparation procedures that minimize power use of kitchen equipment.
- Verify oven thermostat accuracy and recalibrate when necessary.
- Ensure that range hoods and exhaust fans are only running when the range is being used.
- □ Ensure that unused appliances are unplugged or on a power strip that is shut off.
- □ Identify and assess opportunities to install variable frequency drives on kitchen hoods.
- □ If possible, be sure heating equipment is not near cooling equipment.
- □ Identify worn or leaky door seals and gaskets on refrigerators and freezers.
- □ Check that refrigerator coils are clean and free of obstructions.
- □ Some hotels may have residential type refrigerators, which should be replaced if they are more than 9-10 years old.
- When purchasing new kitchen equipment, review ENERGY STAR models and look for rebates in advance. Check SDG&E offerings at sdge.com/bes.



- □ Find and fix any leaks—especially hot water leaks.
- □ If you have food service, offer guests water, but don't serve water unless requested.
- □ If you have hot tubs, cover after use to reduce heat loss and maintain cleanliness.
- Insulate older out pipe.
- □ Choose ENERGY STAR certified water heaters, including tankless/on-demand, solar and other efficient options.
- Use WaterSense® labeled faucets, toilets and other fixtures and look for rebates.
- □ Install high-efficiency, low-flow pre-rinse spray valves.



This information is adapted from **ENERGY STAR's Treasure Map for Hotels/Motels/Inns**. For more information about this energy treasure map or the Green Business Network, email **greenport@portofsandiego.org**.

# 🔿 Don't Waste Water

Insulate older water heaters and the first 3 feet of hot water